



Adventist
Retirement Plus

a new beginning



Caloundra

Retirement Community and Residential Aged Care

Welcome to Adventist Retirement Plus – Caloundra

A place where you are at the centre of everything we do and where supporting you to live a purposeful, happy and fulfilled life is our priority.

We want residents to feel connected here, like they truly belong and to know that their friends, family and loved ones are welcome too. That's why this community has been structured to offer residents the security of knowing that as their needs change, a diverse range of care and services are all accessible here in the one place.

We welcome your contribution to our vibrant community and we want you to feel relaxed and at home.



Nestled in a quiet valley and surrounded by pockets of untouched rainforest and an array of Australian native birds and wildlife, our Caloundra retirement community is a peaceful haven you and your family will love. Tranquil and relaxed, it is located close to local shops and facilities and is just a short driving distance from the beautiful beaches of the Sunshine Coast.

A place for today, a place for tomorrow – all in the one place

All Adventist Retirement Plus Communities offer co-located retirement homes and aged care facilities and services all in the one place. Our Caloundra site offers a diverse range of services including:

+ Independent Living

Homes arrayed in one, two and three bedroom layouts.

+ Supported Living

Provides services and care directly into the home as both Government subsidised Home Care Packages and by private fee-for-service arrangement.

+ Residential Aged Care

Provides personal care, respite care, dementia and memory support care and palliative care.



LEARN MORE. LIVE MORE. LOVE MORE.™

At Adventist Retirement Plus, we believe it's about more than just retirement. It's about living well in every aspect of your life -

- + Engaging in purposeful and meaningful activities.
- + Eating nutritious and healthy food.
- + Keeping physically active and fostering independence.
- + Maintaining a healthy work-life balance.
- + Remaining involved with and contributing to your community.
- + Nurturing your emotional and spiritual well-being.
- + Taking time to connect with others to relax, love, laugh and enjoy life.





Retire from work, not from life!

Remaining independent, keeping active and healthy, staying connected to your community and friends and engaging in purposeful activities are all a part of enjoying your retirement.

Our Caloundra independent living homes are arrayed in one, two and three bedroom layouts and available on a license-to-occupy-basis.

We take care of general home, lawns and garden maintenance and will keep an eye on your place when you are away. Freshly cooked meals are available daily on order from our kitchen. For added peace of mind, we have 24hr emergency call monitoring and night time security patrol.

Our residents enjoy getting together over a game of Giant Chess, Croquet or a barbeque and we have a community centre for social occasions. We have a church on site with Spiritual Care services available to people of all faiths. Our Resident Committee meets monthly and we welcome resident contributions!



Supported Living - when you need a little help

Our **Supported Living Program** enables you to choose what you would like support with at home, how often and when. Accepting help and support means you can remain at home living independently in your own home because the help will come to you!

Home Care Packages and Consumer Directed Care

We are an approved provider of Home Care Packages subsidised by the Australian Government. To be allocated a Home Care Package, you must be assessed as eligible by the Aged Care Assessment Team (ACAT).

All our Home Care services can also be delivered on a private 'fee for service' basis.

For further information:

Contact our **Supported Living Program** on

P (07) 3051 0628

E info.slp@arplus.org.au

www.arplus.org.au/supported-living

Residential Care – compassionate, specialised care in the best of hands

Our Caloundra residence provides compassionate and specialised aged care services for a variety of needs. Our professionally trained and skilled staff and volunteers work in partnership with family and loved ones to ensure that residents continue to receive quality care that best meets their needs.

Our **Personal Care** services provide residents with care and support for meals, laundry, self-care and general daily activities.

Short-term **Respite Care** is provided for special needs, high care and palliative care residents, or for people who need temporary care before returning to their home or community.

Our **Dementia Care** services provide secure, specialised care for residents with dementia and memory support needs and related behavioural difficulties.

Our specialised **Palliative Care** services provide care for residents who have an advanced illness where end-of-life care is needed.

Amenities and services on site include:

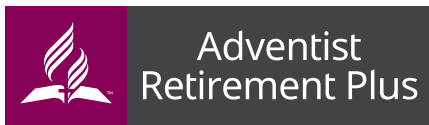
- + A professional hair salon
- + Access to Allied Health Professionals
- + Lifestyle Programs
- + A regular social activities program
- + A library
- + Cooking programs & Music Programs
- + Bus Outings
- + A Community Center
- + Outdoor Barbeque area
- + Giant Chess game and Croquet Court
- + Spiritual Care services for all faiths

For more information contact

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